



# Milwaukee County Senior Dining

## MEALS ON WHEELS

# JULY 2016



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>ADDRESS CHANGE? VACATION HOLD? DELIVERY ISSUES? PLEASE CALL 358-6527</b></p>				<p><b>1</b></p> <p>Cheeseburger Whole Wheat Bun Ketchup &amp; Mustard Onions &amp; Pickles Baked Beans Potato Crowns Watermelon</p>
<p><b>CLOSED</b> <b>4</b></p> <p><b>4TH OF JULY</b></p>	<p><b>5</b></p> <p>Meatloaf/Onion Gravy Mashed Potatoes Stewed Tomatoes w/ Green Pepper &amp; Onion Whole Wheat Bread Baker's Choice Cookie ♥ Fresh Fruit</p>	<p><b>6</b></p> <p>Chicken Stroganoff Buttered Noodles w/Parsley California Veggie Blend Carrot Raisin Salad Dinner Roll Mandarin Oranges</p>	<p><b>7</b></p> <p>Roast Beef/Gravy Au Gratin Potatoes Broccoli Mixed Garden Salad Tomato, Cucumber, Dressing 7-Grain Bread Fresh Peach</p>	<p><b>8</b></p> <p>Honey-Glazed Ham Mashed Sweet Potatoes Sugar Snap Beans Marble Rye Bread Fruit Fluff ♥ Pineapple Tidbits</p>
<p><b>11</b></p> <p>Italian Meatsauce Penne Pasta/Red Sauce Italian Vegetables Parmesan Cheese Warm Garlic Breadstick Pineapple Juice Fresh Orange</p>	<p><b>Brunch for lunch</b></p> <p>Denver Omelet <b>12</b> Cheese Sauce 2 Sausage Links Hash Brown Potatoes Melon Wedges Cinnamon Streusel Coffee Cake</p>	<p><b>13</b></p> <p>Sweet &amp; Sour Pork Seasoned Brown Rice Maui Vegetable Blend Spring Mix/Dressing Cherry Tomato &amp; Cucumber Hawaiian Roll Fresh Strawberries</p>	<p><b>14</b></p> <p>Coq Au Vin (Chicken in Wine Sauce) Wild Rice Blend Chateau Vegetables Grape Juice Mini Croissant Boston Cream Pie ♥ Fresh Pear</p> <p><b>Bastille Days</b></p>	<p><b>15</b></p> <p>Salisbury Steak Double Baked Potato Casserole Sunshine Carrots Sesame Seed Vienna Roll Carrot Cake Bar ♥ Fresh Plum</p>
<p><b>18</b></p> <p>Cranberry Meatballs Potatoes Roasted &amp; Diced Oriental Vegetable Blend 7-Grain Bread Snickerdoodle Cookie ♥ Tropical Fruit Cup</p>	<p><b>19</b></p> <p>Trio Plate Egg Salad, Pasta Salad &amp; Cottage Cheese Over Lettuce Celery &amp; Carrot Sticks w/Ranch Dressing Fresh Fruit Cup Blueberry Muffin</p>	<p><b>20</b></p> <p>Oven-Fried Chicken Leg/Thigh Red ¼ Potatoes Wisconsin Veggie Blend Corn Muffin Banana Cream Pudding w/Fresh Bananas</p>	<p><b>21</b></p> <p>Pub Burger Fried Onions Mashed Potatoes Brussels Sprouts Wheat Grain Hamb Bun Ketchup &amp; Mustard Mandarin Oranges</p>	<p><b>22</b></p> <p><b>Festa Italiana</b> Meat Lasagna Italian Green Beans Crinkle Carrots Garlic Bread Grapes</p>
<p><b>Christmas in July</b> <b>25</b></p> <p>Roasted Turkey Poultry Gravy Stuffing Garlic Mashed Potatoes California Veggies Cherry Pie ♥ Canned Cherries</p>	<p><b>26</b></p> <p>Beef Tips/Mushrooms Buttered Noodles Prince Charles Vegetables Dinner Roll Orange Juice Fresh Nectarine</p>	<p><b>27</b></p> <p>Italian Sausage Sautéed Onion/Peppers Bowtie Pasta Marinara Sauce Brat Bun Italian Salad Greens Italian Dressing Watermelon</p>	<p><b>28</b></p> <p>Chicken Salad Leaf Lettuce Bed Pickle Spear, Tomato Slices Kaiser Roll Sun Chips P.B. Rice Krispie Bar ♥ Watermelon</p>	<p><b>German Fest</b> <b>29</b></p> <p>Roast Pork Loin/Gravy Parsley-Buttered Quartered Potatoes Sweet-Sour Red Cabbage Marble Rye Bread German Chocolate Cake ♥ Fresh Plum</p>